

The Science of Dating for Autistic and Neurodivergent Youth



UCLA PEERS[®] CLINIC
SOCIAL SKILLS PROGRAMS

Dr. Elizabeth Laugeson

Clinical Professor, UCLA

Founder and Director, UCLA PEERS Clinic

Director, UCLA Tarjan Center UCEDD

*Program Director, UCLA Predoctoral Psychology Internship Program in
Autism and Neurodevelopmental Disabilities*

Disclosure Statement

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Wiley & Sons

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National Institutes of Health (NIH)
Administration for Community Living (ACL)
Autism Speaks

Overview of Lecture

- Romantic relationships among autistic and neurodivergent youth
- Overview of PEERS®
- Neuroaffirming approach to learning social strategies
- PEERS® for Dating strategies
 - Asking someone on a date
 - Asking for a commitment
- Overview of preliminary research
- Resources



Romantic Relationships Among Autistic and Neurodivergent Youth

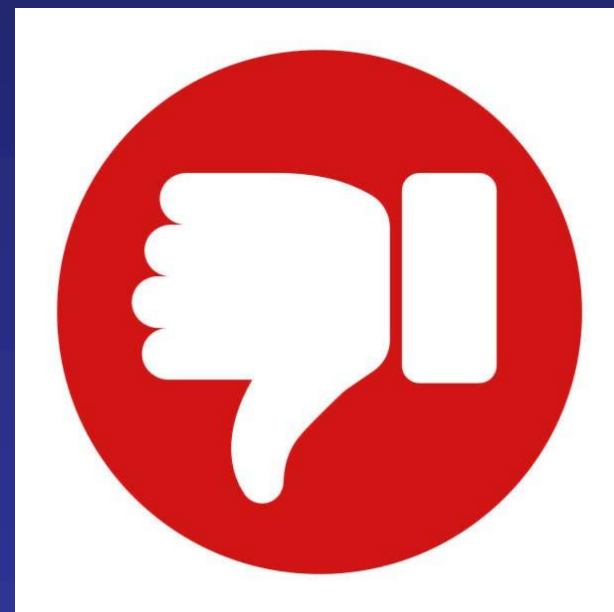
Despite interest in dating, autistic and neurodivergent adults often struggle with developing romantic relationships

- Fewer romantic relationships
- Less likely to marry
- Less sexual knowledge and awareness
- Greater risk for sexual exploitation and victimization
- Higher risk for financial exploitation
- Greater incidence of stalking behavior



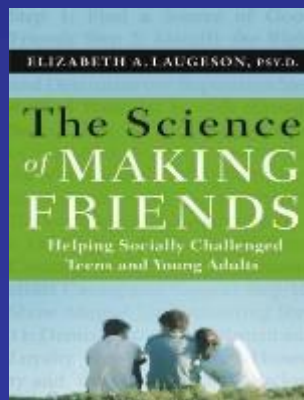
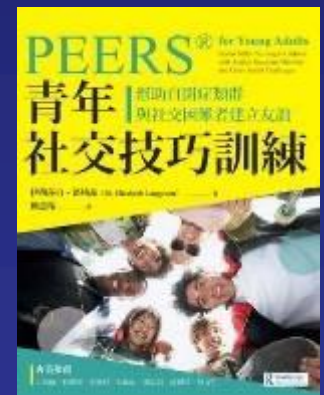
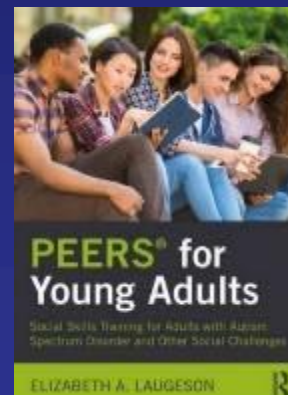
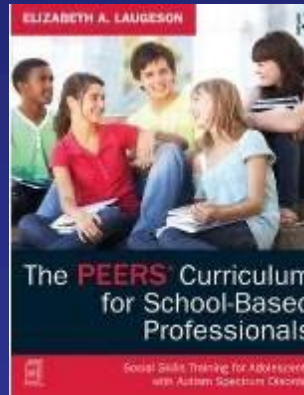
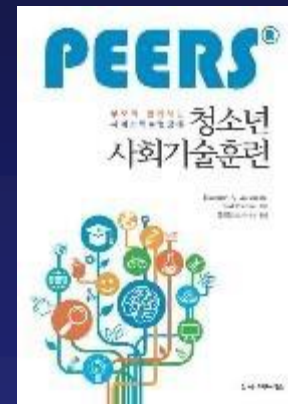
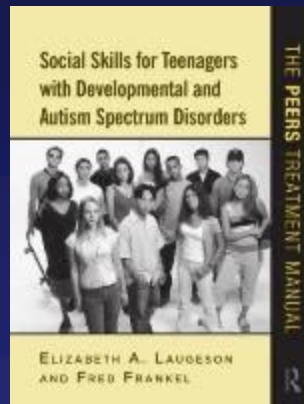
Lack of Services and Supports for Autistic and Neurodivergent Adults

- Overall lack of evidence-based programs to improve social outcomes in adults on the spectrum
 - Research funding has historically ignored autistic adults
 - Autism services cliff: Access to services greatly diminishes after the age of 21
- Lack of programs focused on dating skills for autistic and neurodivergent adults
- Supports are failing to meet the changing and increasing social demands across development



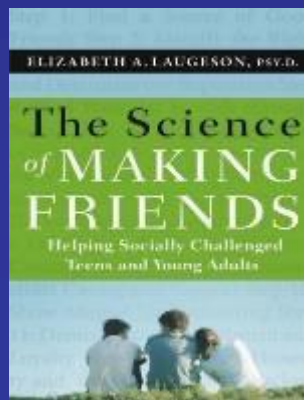
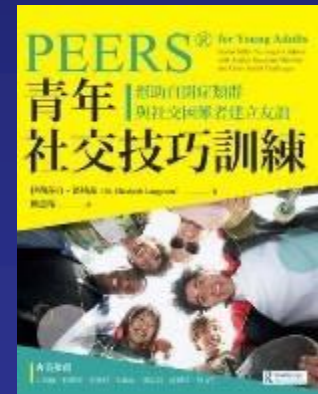
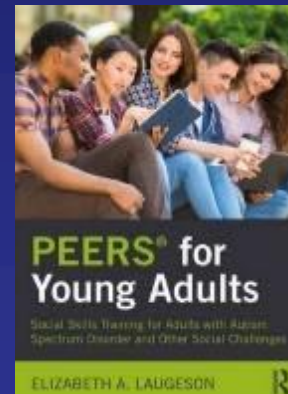
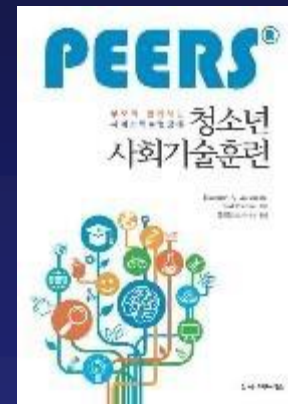
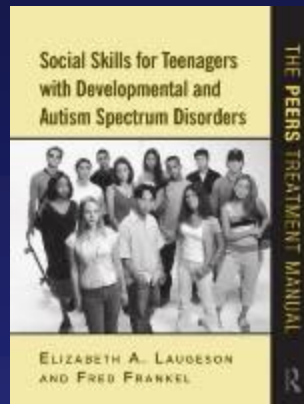
Background about PEERS®

- International program
 - Developed at UCLA in 2004 by Dr. Elizabeth Laugeson (UCLA PEERS Clinic Director)
 - Programs have been translated into over a dozen languages
 - Used in over 150 countries
 - Over 75 scientific papers
- Evidence-Based Social Skills Programs:
 - PEERS® for Preschoolers
 - PEERS® for Adolescents
 - PEERS® for Young Adults
- Research Programs:
 - PEERS® for Careers
 - PEERS® for Dating



Unique Aspects of PEERS®

- One of the only evidence-based social skills programs
 - ONLY evidence-based social skills program for autistic teens and adults and those with other social challenges
- Social coaching
 - Social coaches are trained to support participants outside of the group
- Only teaches ecologically valid social skills
 - Presents socially helpful behaviors and socially risky behaviors
- Cross-culturally adapted across the globe
 - Numerous scientific papers and manuals published outside of the U.S.



The Role of Neurodiversity in PEERS®

- Neurodiversity means people have different ways of thinking
- We should respect the role of neurodiversity when learning new social strategies
- Differences do not make us less or more than
- There are strengths in neurodiversity
- PEERS® is a strengths-based approach



Neuroaffirming Approach in PEERS®

The Importance of Choice

- Each week we review strategies in friendships and relationships that have been shown to be:
 - Socially helpful
 - Socially risky
- Learning and/or using the strategies taught in PEERS® should NOT be about changing a person
- Learning and using these strategies should be about enhancing social interactions so others can appreciate who we already are
- Ultimately, learning and/or using the skills taught in PEERS® is a CHOICE



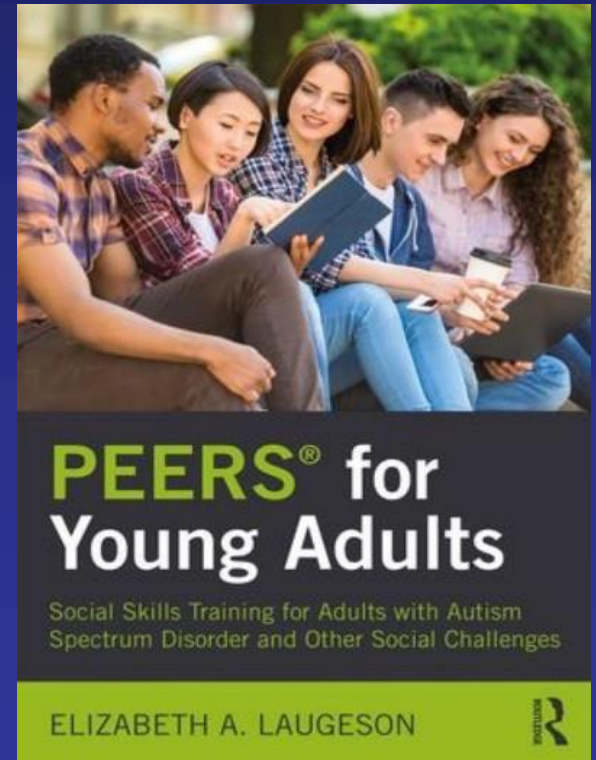
PEERS® Neuroaffirming Pledge

- We value neurodiversity, acceptance, and authenticity
- We honor the diverse ways people experience the world
- We respect each person's unique perspectives and communication styles
- We recognize there is no one right way to connect with others
- If using the strategies taught in PEERS® feels like camouflaging or masking and/or they don't align with your goals, then you do not have to use them
- Learning and using the skills taught in PEERS® is a PERSONAL CHOICE



Overview of PEERS® for Young Adults

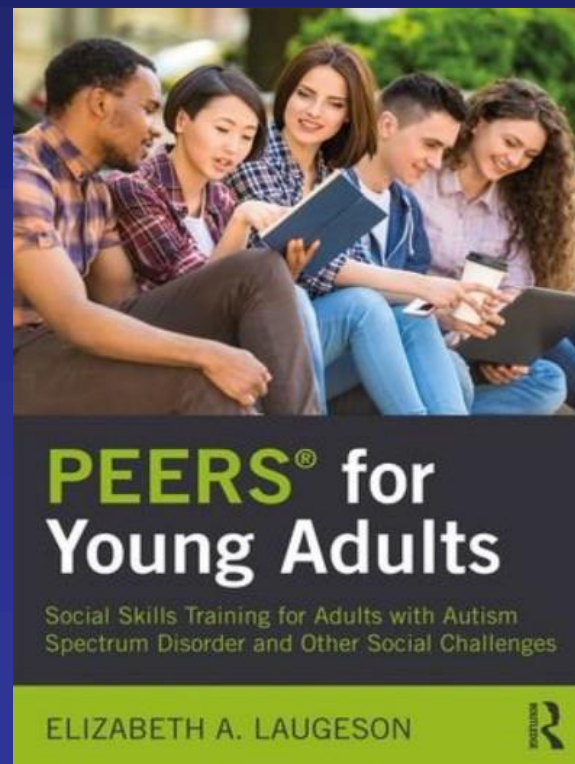
- Caregiver-assisted program
 - Concurrent social coaching and young adult sessions
- 16-week curriculum
 - 90-minute weekly sessions
- Young adults
 - 18-38 years of age
- Focuses on relationship skills
 - Friendships
 - Handling conflict and rejection
 - Dating (four sessions)



PEERS® for Young Adults

Dating Social Skills

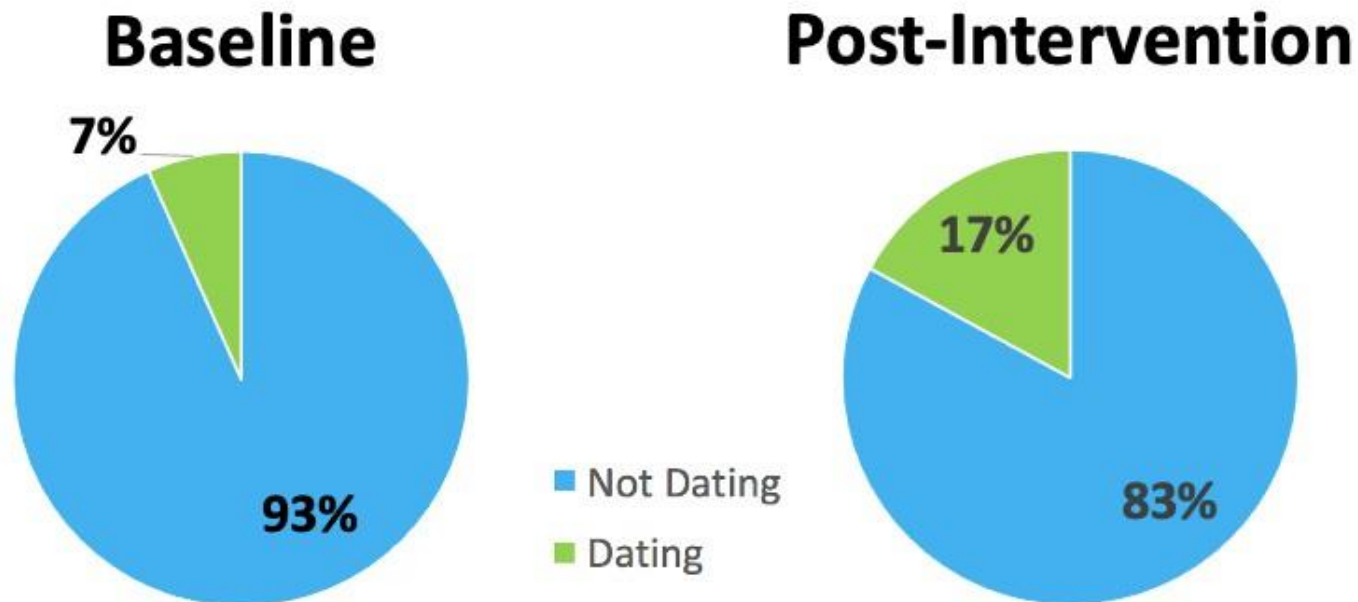
- Four sessions on dating etiquette:
 - Letting someone know you like them
 - Asking someone on a date
 - Organizing and planning a date
 - General dating do's and don'ts
 - Taking no for an answer
 - Politely turning someone down for a date
 - Handling unwanted dating pressure



PEERS® for Young Adults:

Change in Dating Activity Among Full Sample

(Laugeson & Moody, 2020)



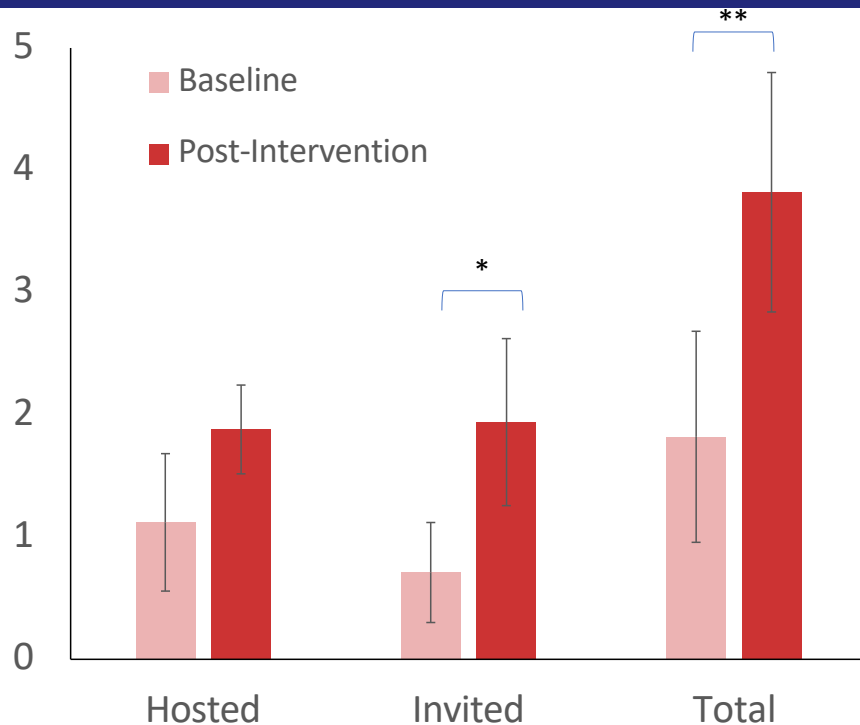
Young adults were significantly more likely to be involved in dating activity following the PEERS for YA program, $\chi^2(1)=6.95, p=.008$.

PEERS® for Young Adults: Change in Dating Frequency

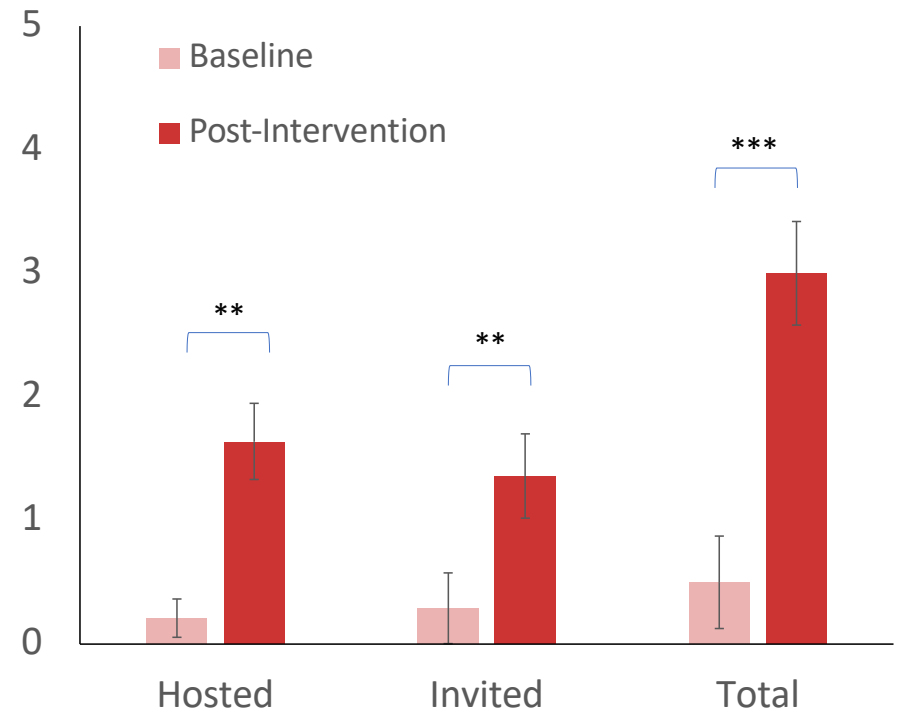
(Number of Dates in the Previous Month Among Those Interested in Dating)

(Laugeson & Moody, 2020)

Self-Report



Caregiver-Report



PEERS® Dating Bootcamps at UCLA

Two-day intensive topical
boot camps for teens,
adults, family members,
and professionals

Saturday & Sunday
9 AM – 3PM



UCLA PEERS® CLINIC
SOCIAL SKILLS PROGRAMS

PEERS® SUMMER BOOT CAMPS

PEERS® DATING Boot Camp

\$500 PER ATTENDEE

This boot camp is open to all, including teens, young adults, parents, and professionals.

Attendees are presented with targeted skills through didactic instruction, role-play demonstrations, and have the opportunity to practice newly-learned skills through behavioral rehearsal exercises. During these rehearsals, attendees are divided into small breakout groups to practice with direct coaching from our treatment team.

PRESENTER

DR. ELINA VEYTSMAN
DIRECTOR OF CLINICAL SERVICES,
UCLA PEERS® CLINIC

DATE & TIME

AUGUST 3-4, 2024
SATURDAY- SUNDAY
9AM - 3PM PDT

LOCATION

UCLA SEMEL INSTITUTE
LOS ANGELES, CA

LIGHT REFRESHMENTS & LUNCH WILL BE SERVED

TO REGISTER

(310) 267-3377

PEERSCLINIC@UCLA.EDU

SEMEL.UCLA.EDU/PEERS/COURSE/
PEERS/BOOT-CAMPS



Topics Covered

Flirting with Potential Partners
Letting Someone Know You Like Them
Choosing Appropriate People to Date
Asking Someone on a Date
Handling Rejection
Turning Someone Down
Planning and Going on Dates
Dating Do's and Don'ts
Handling Pressure from Partners

1 ACCOMPANYING
Parent AttendS
for FREE!

PEERS® Dating Bootcamp

Topics Covered

- Conversational skills
- Letting someone know you like them
- Flirting
- Choosing appropriate people to date
- Online dating
- Asking someone on a date
- Accepting rejection
- Turning someone down
- Planning and going on dates
- Dating do's and don'ts
- Handling dating pressure from partners

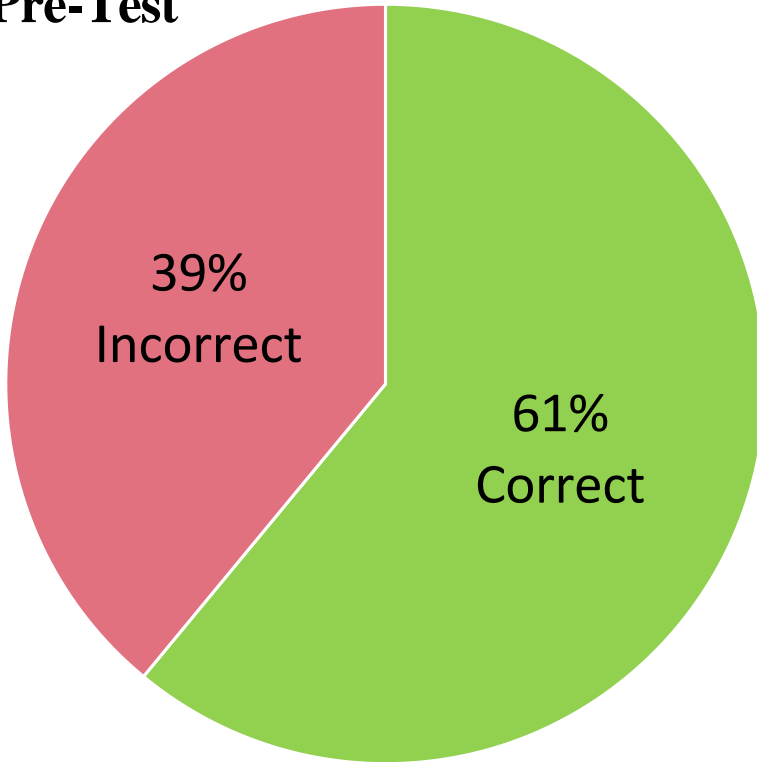


PEERS® Dating Bootcamp:

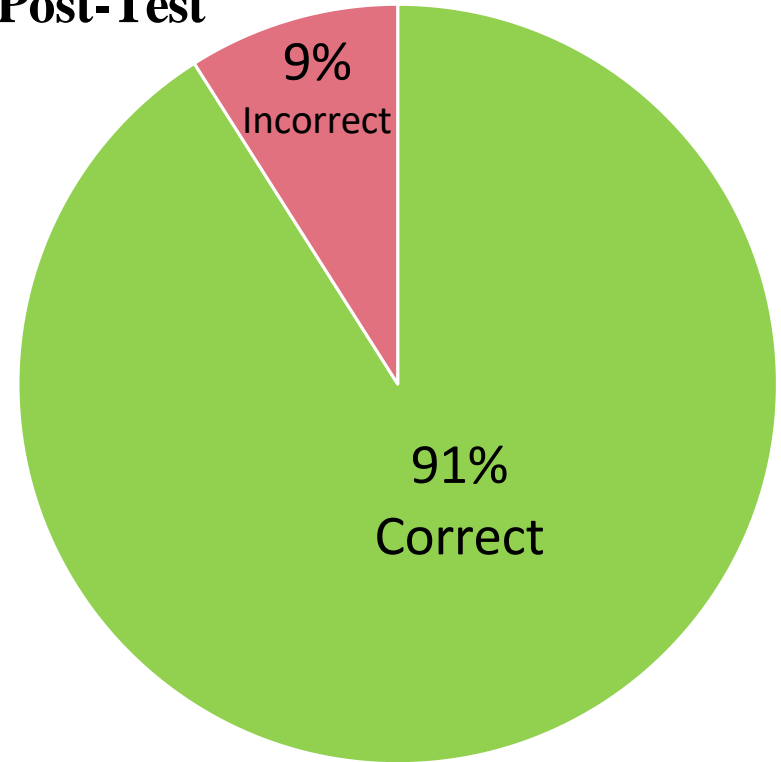
Dating Skills Knowledge

(Laugeson, Moody, & Denluck, 2020)

Pre-Test



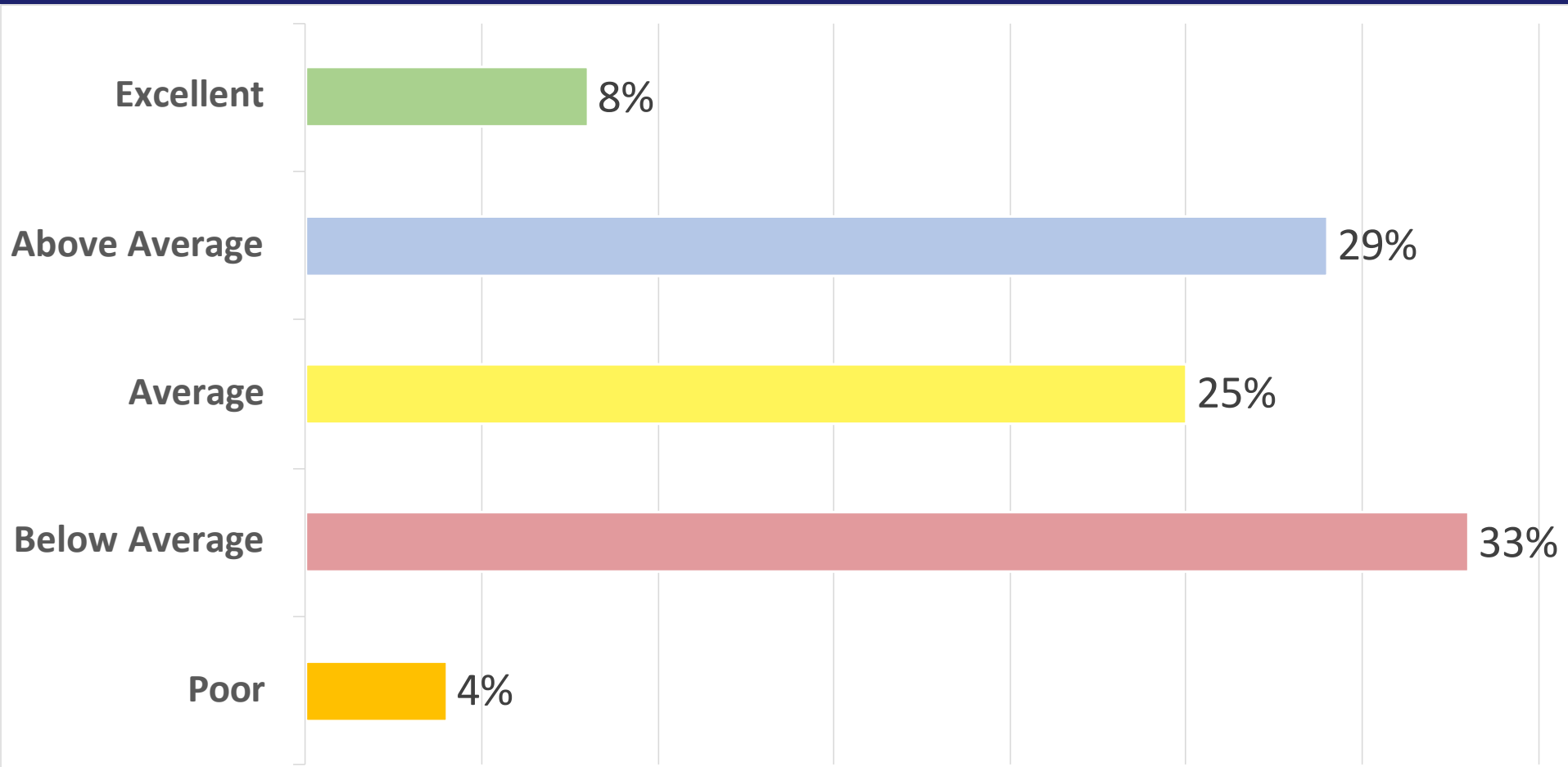
Post-Test



PEERS® Dating Bootcamp:

Pretest Self-Report of Dating Knowledge

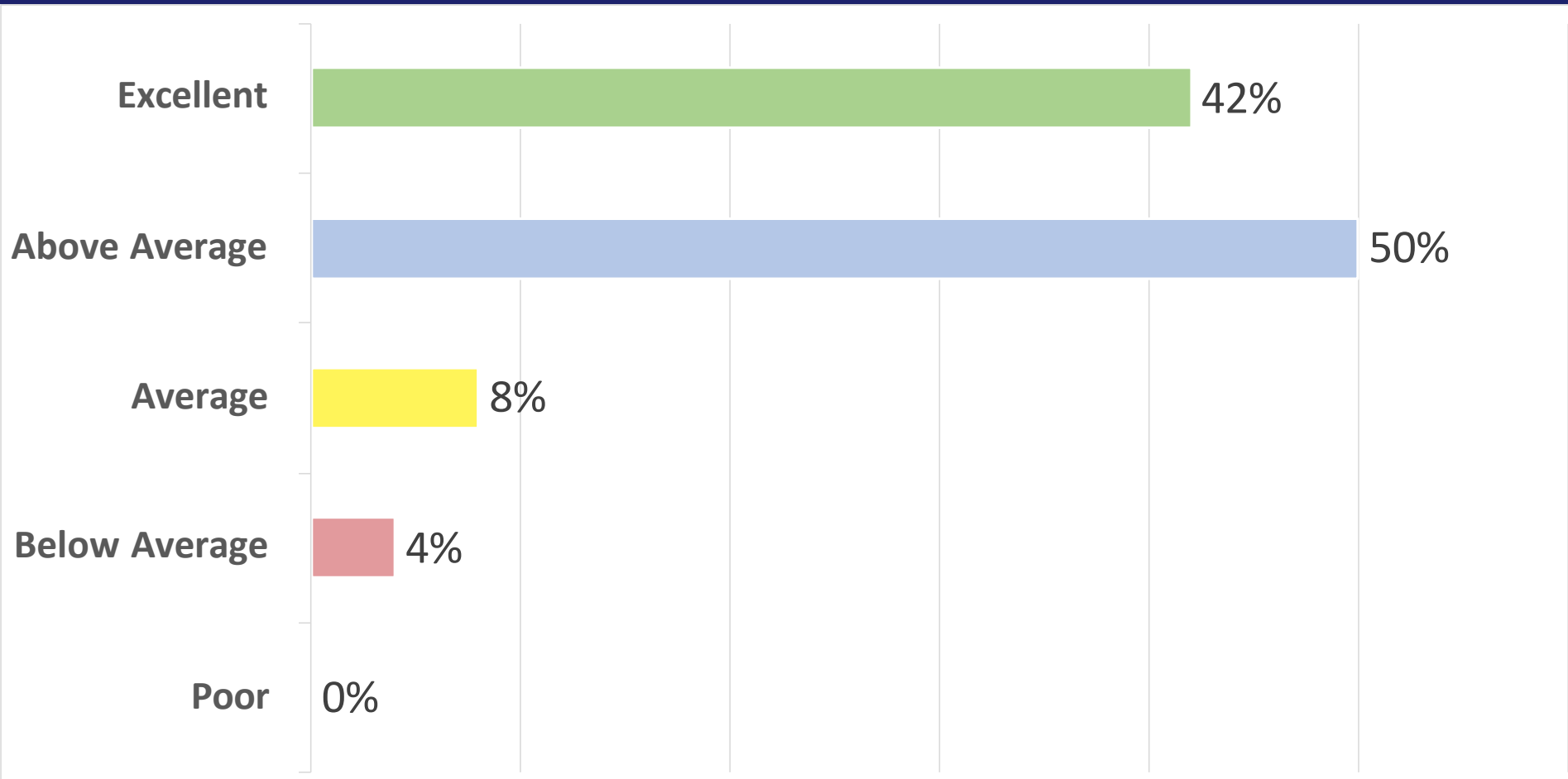
(Laugeson, Moody, & Denluck, 2020)



PEERS[®] Dating Bootcamp:

Post-Test Self-Report of Dating Knowledge

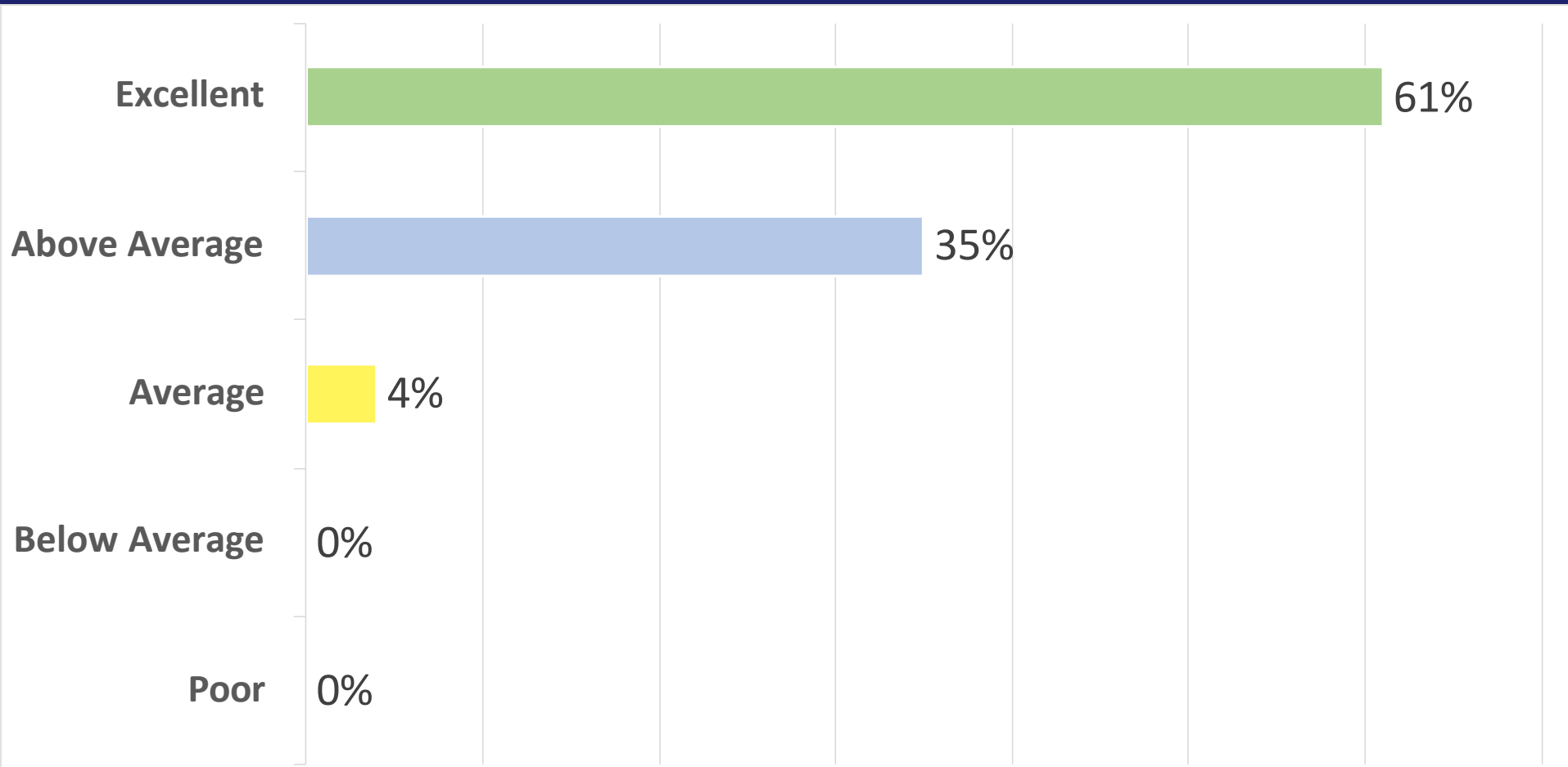
(Laugeson, Moody, & Denluck, 2020)



PEERS® Dating Bootcamp:

Likelihood Knowledge Gained Will Influence Dating Practices

(Laugeson, Moody, & Denluck, 2020)



PEERS® Dating Bootcamp:

Additional Skills Requested

(Laugeson, Moody, & Denluck, 2020)

- Setting up online dating profiles
- Sexuality
- Dating among LGBTQ
- Relationship boundaries
- Safety concerns
- Handling rejection



PEERS® for Dating

Randomized Controlled Trial

Purpose of the study

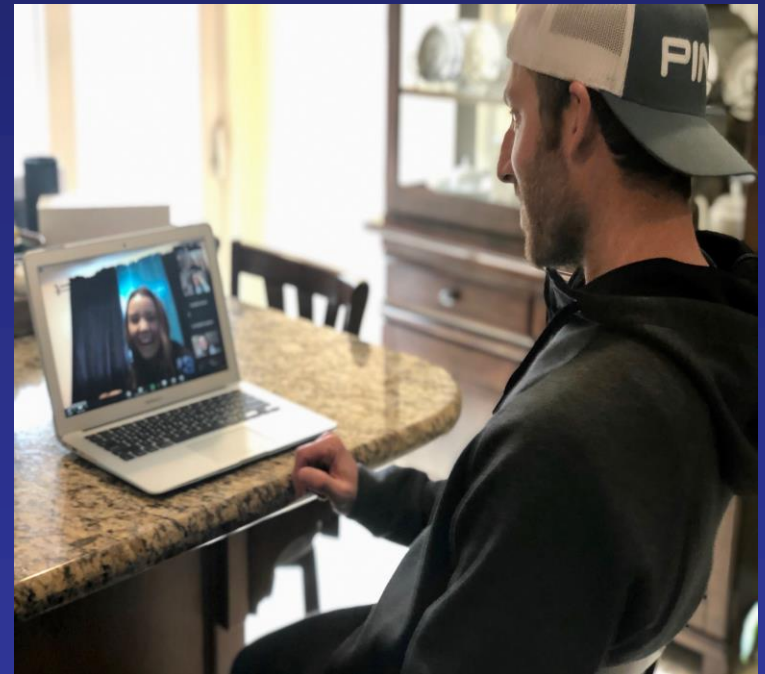
- Investigate the effectiveness of PEERS® for Dating
 - 16-week didactic course
 - 16-week follow-up assessment
- Target the development of social skills related to developing and maintaining romantic relationships
- Randomize dating coaching
 - Dating coaches consisted of graduate and undergraduate students interested in providing dating coaching to autistic adults



PEERS® for Dating

Randomized Controlled Trial

- PEERS® for Dating Course
 - 16-week course
 - 2.5 hour weekly classes
 - Tuesdays 5:00-7:30 PM PST
- Concurrent but separate homework review for young adult and dating coaching groups
- Combined didactics
- In-session behavioral rehearsal exercises
- Homework assignments
- Pre, post, and follow-up assessments



PEERS® for Dating:

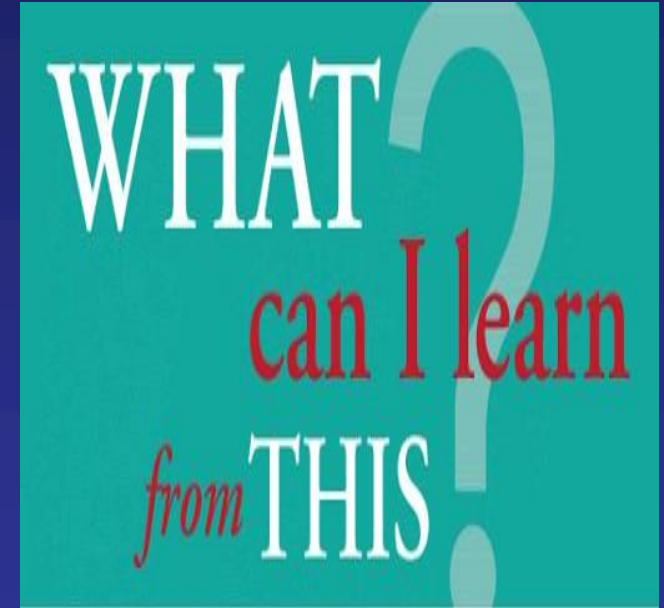
Remote Delivery

- Due to the COVID-19 pandemic, PEERS® for Dating was conducted fully REMOTE on Zoom
- First cohort started in Spring 2021
- Last cohort ended in Summer 2023
- >100 young adults participated
- >50 dating coaches recruited



Overview of Lessons

- Conversational skills
- Starting, entering, and exiting conversations
- Electronic communication
- Letting someone know you like them
- Asking someone on a date
- Online dating *
- Going on dates
- Dating during COVID-19 *
- Relationship boundaries *
- Physical and sexual intimacy *
- Sexual safety *
- Handling arguments and disagreements
- Maintaining healthy relationships *



* New PEERS® Content

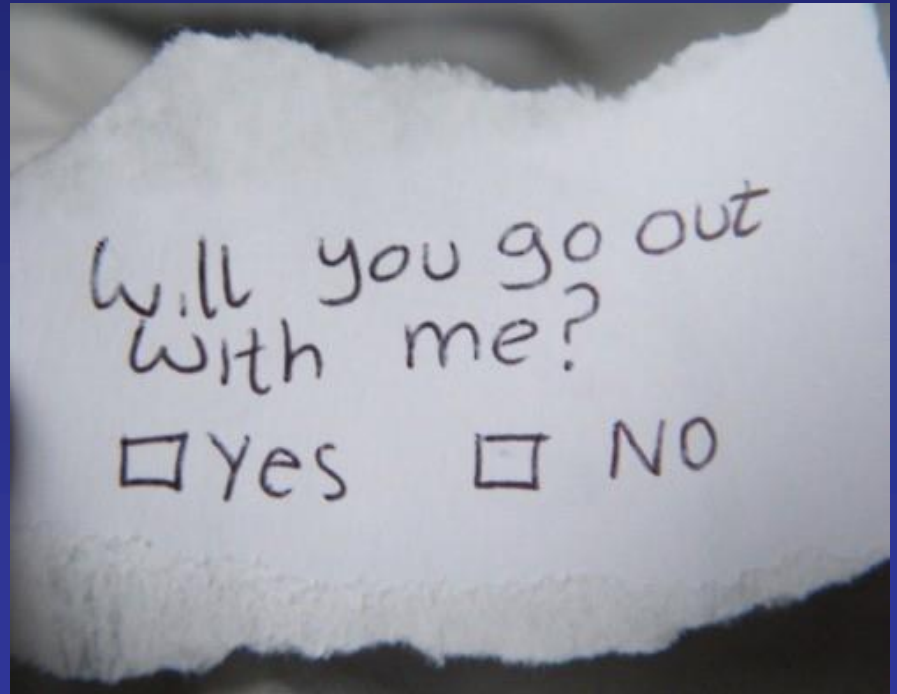


Asking Someone on a Date

QUESTIONS:

How do you ask someone on a date?

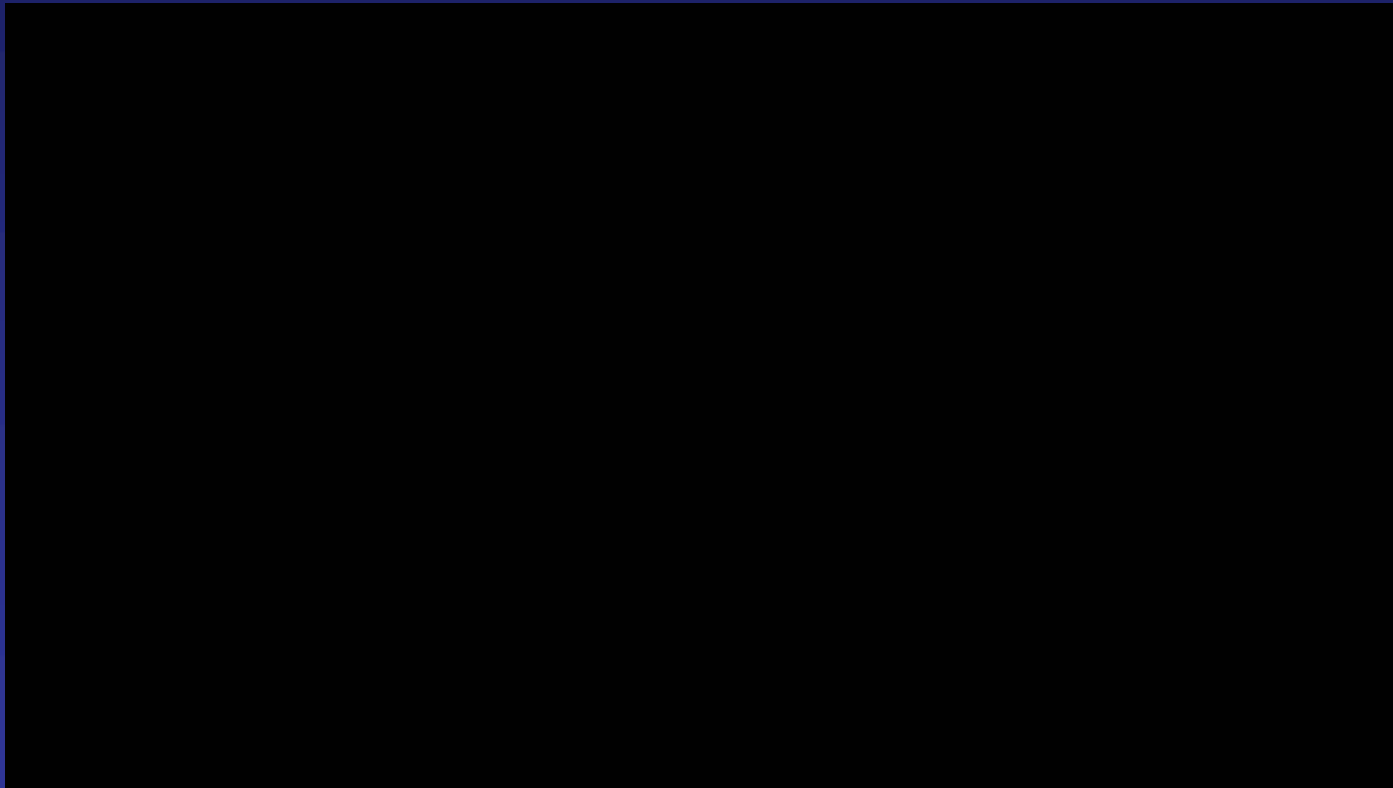
What are some socially risky behaviors for asking someone on a date?





Asking Someone on a Date

Socially Risky Behaviors



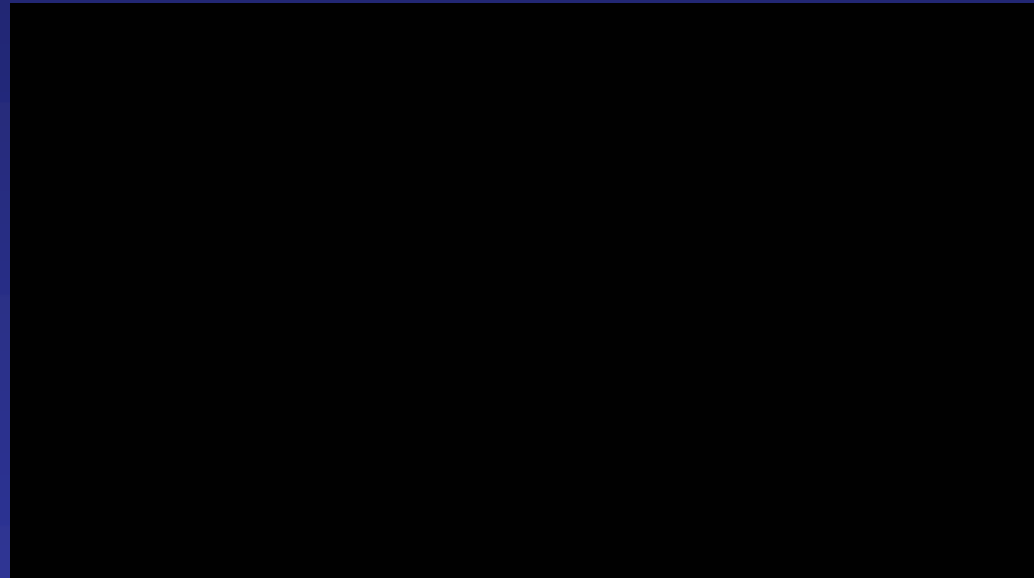
Role play videos: www.semel.ucla.edu/peers/resources



Asking Someone on a Date

Socially Helpful Behaviors

1. Wait for an appropriate time
2. Trade information
3. Mention your common interests
4. Ask what they're doing at a certain time
 - “So, what are you doing this weekend?”
5. Assess their interest
6. Use common interest as a reason for going out
7. Exchange contact information
8. Tell them when you'll follow-up



Role play videos: www.semel.ucla.edu/peers/resources

Asking for a Commitment

QUESTIONS:

How do you take your relationship to the next level?

How do you ask your partner for a commitment?



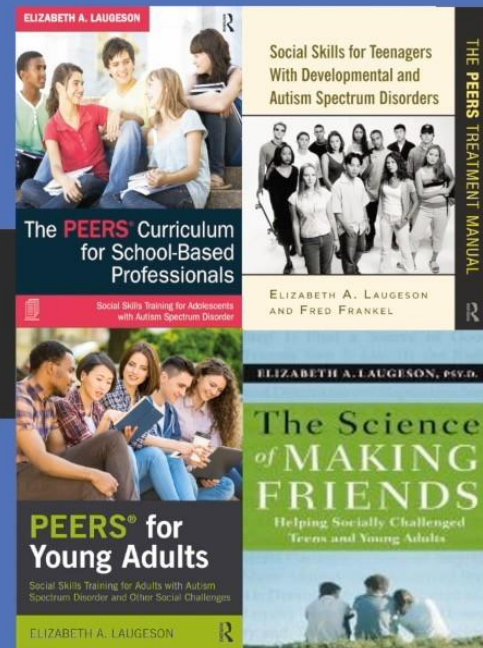


Asking for a Commitment Socially Risky Behaviors

PEERS®

BAD ROLE PLAY

Watch to see what Gabe
is doing wrong...



Role play videos: www.semel.ucla.edu/peers/resources





Asking for a Commitment

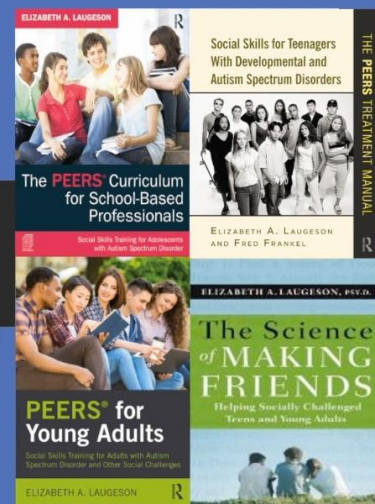
Socially Helpful Behaviors

1. Choose the right time & place
2. Ask if you can talk about something important
3. Give GENERAL compliments about the relationship
4. Give GENERAL compliments about them
5. Share your feelings about them and your relationship
6. Assess their reaction
7. If negative, do not proceed and remember dating is a choice
8. If positive, suggest making a commitment
9. Define the commitment
10. End with positive affirmations and affection

PEERS®

GOOD ROLE PLAY

Watch to see what Gabe is doing right...



Role play videos: www.semel.ucla.edu/peers/resources





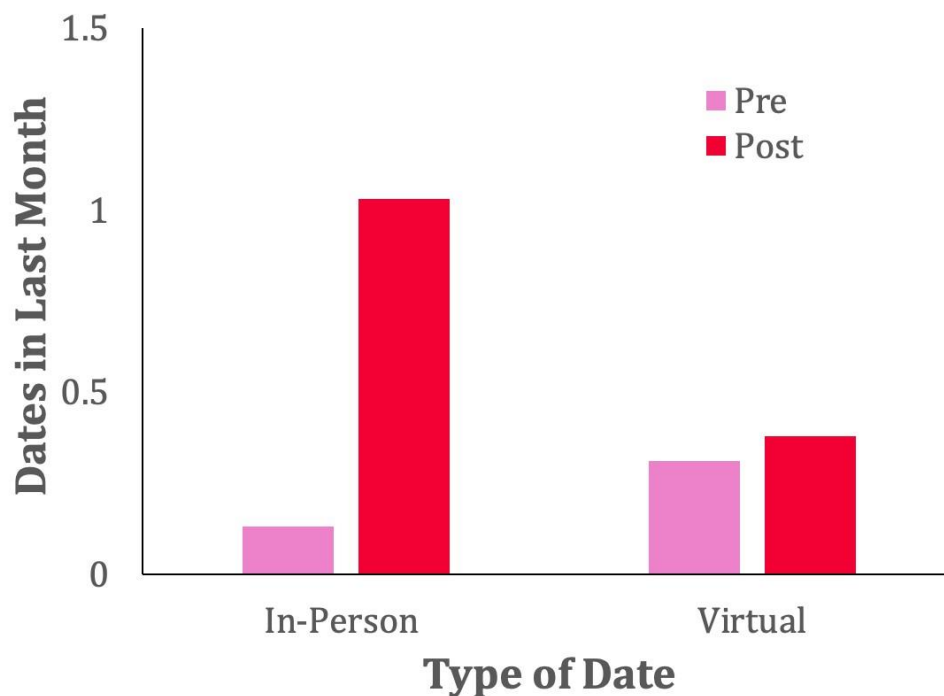
Preliminary results

PEERS[®] for Dating:

Preliminary Results

Recent Dates

- Marginal increase in recent in-person dates from pre to post, $t(15)=1.83$, $p=.088$, with a medium effect size, $d=0.46$
- No significant difference in virtual dates, $t(15)=0.29$, ns .

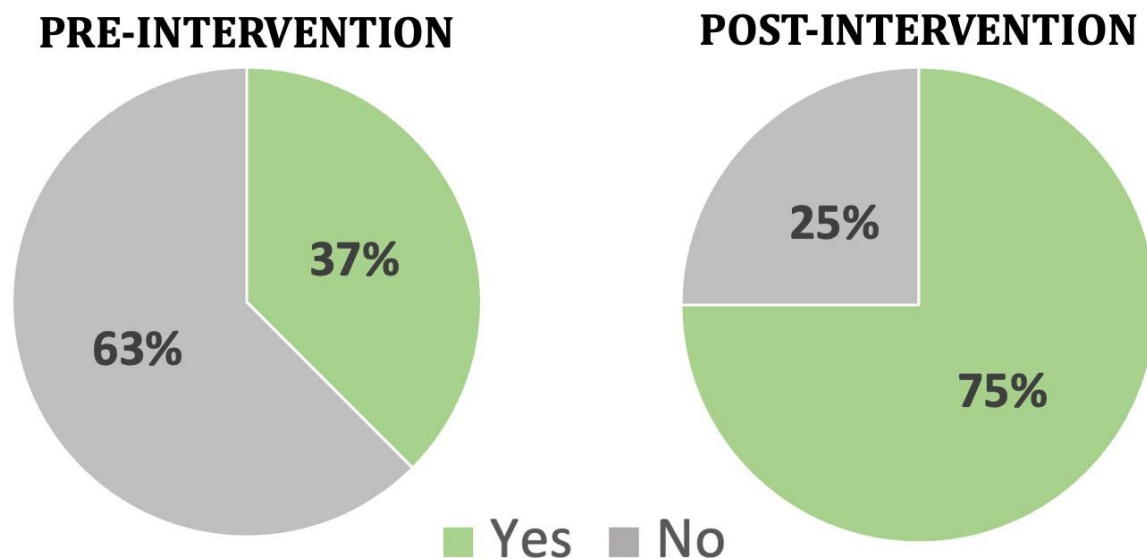


PEERS[®] for Dating:

Preliminary Results

Use of Dating Apps in Past Month

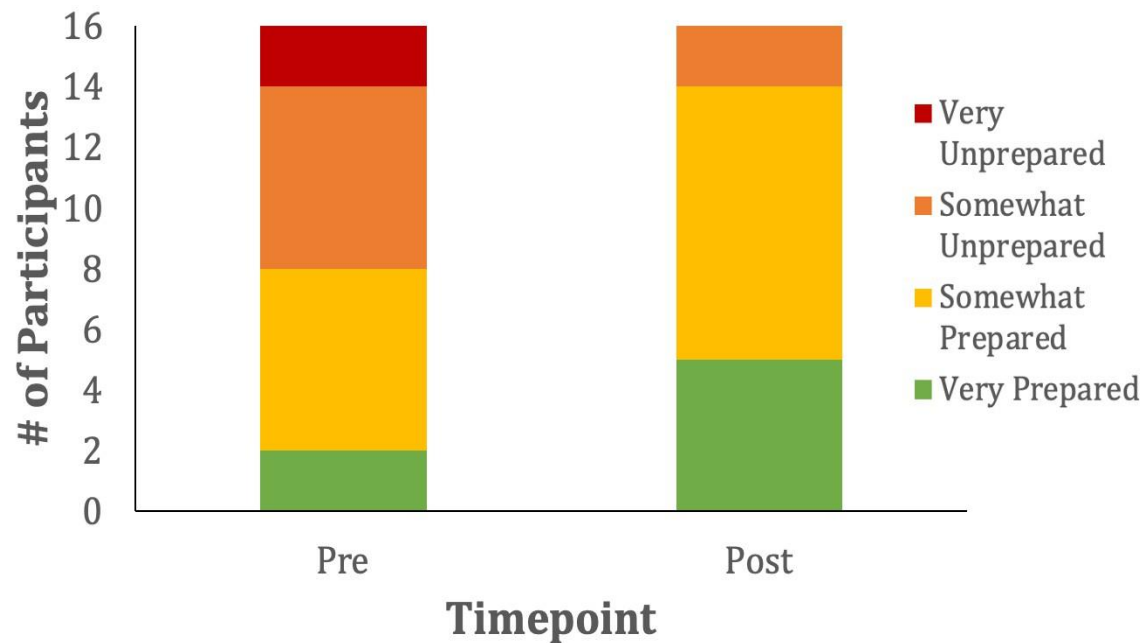
- McNemar's test revealed significant increase in use of dating apps from pre- and post-intervention, $p=.031$.



PEERS[®] for Dating: Preliminary Results

Perceptions of Preparedness

- Participants felt significantly more prepared to date after the intervention, $t(15)=2.91$, $p=.011$.





MORE
Coming Soon!

A close-up photograph of a person's hand holding a small, white, rectangular card. The card is tilted slightly to the right. The words "Clinical" and "Trial" are written on the card in a black, casual, handwritten font, one above the other. The hand is light-skinned and is holding the card between the thumb and the index and middle fingers. A portion of a blue and white striped shirt cuff is visible on the left side of the hand. The background is a plain, light-colored surface, possibly a table, which reflects some of the light. The overall lighting is bright and even.

Clinical
Trial

UCLA PEERS® for Dating Research Study

- 20-week program
- Dating skills for autistic young adults
- Peer-mediated dating coaching
- NEW: In-person vs. remote delivery vs. control



FREE UCLA DATING Research Program for Autistic Adults

This UCLA research study examines the effectiveness of **PEERS® FOR DATING**, a 20-week social skills program to help autistic adults learn skills to find and maintain romantic relationships.

TOPICS COVERED:

- Choosing appropriate people to date • Starting conversations
- Maintaining conversations • Entering and exiting conversations
- Electronic communication • Letting someone know you like them
- Asking someone on a date • Handling rejection • Going on Dates
 - Dating do's and don'ts • Handling dating pressure
 - Conflict resolution • Additional topics

ADDITIONAL STUDY DETAILS:

Three assessment points over 10-12 months

For more information, contact us at:

(310) 267-3377

peersclinic@ucla.edu

www.semel.ucla.edu/peers



UCLA IRB Approved Approval Date: 6/6/2024 Committee: North General IRB

**NOW ENROLLING FOR
PEERS® FOR
CAREERS!**



**ARE YOU LOOKING FOR
A JOB OR INTERNSHIP? DO YOU
STRUGGLE WITH SOCIAL COMMUNICATION?**

FREE SOCIAL SKILLS GROUP FOR COLLEGE STUDENTS WITH ASD

**This research study includes a 20-week program
teaching employment-related skills, followed by a 10-
week internship!**

*Participants must be currently or previously enrolled in
junior college, community college or 4 year university.*

- Building a resume
- Interviewing skills
- Finding a good career fit
- Navigating the work environment
- Stress management and executive function
- Conflict resolution

CONTACT:

(310) 267-3377

PEERSCLINIC@UCLA.EDU

WWW.SEMEL.UCLA.EDU/PEERS

Protocol ID: IRB#19-001593 UCLA IRB Approved Approval Date: 7/21/2022 Committee: North General IRB

UCLA PEERS® for Careers Research Study

- 20-week program
- College to career transition program for autistic adults
- Peer-mediated career coaching
- NEW: Employer supports

CLINICAL SERVICES





PEERS® for Young Adults Social Skills Group

NOW ENROLLING ADULTS 18-35 YEARS OLD

- PEERS® for Young Adults is an evidence-based social skills intervention for adults who are interested in making and keeping friends and/or developing romantic relationships.
- Young adults and social coaches (typically parents or other caregivers) attend 16 weekly group sessions for 90 minutes per week.
- Participants are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during group socialization activities.
- Social coaches attend separate sessions simultaneously and are taught how to assist adults in making and keeping friends and/or dating.

Participants will learn about:

- Developing and maintaining friendships
- Conversational skills
- Entering and exiting conversations
- Appropriate use of humor
- Handling direct and indirect bullying
- Electronic communication
- Dating skills
- Organizing get-togethers
- Handling disagreements
- Handling dating pressure

LEARN MORE



For more information:
(310) 267-3377
peersclinic@ucla.edu
www.semel.ucla.edu/peers

TELEHEALTH AND IN-PERSON OPTIONS AVAILABLE

UCLA PEERS® for Young Adults

- 16-week program
- 90-minute weekly groups
- Caregiver-assisted
- In-person and telehealth options available

UCLA PEERS® for Adolescents

- 16-week program
- 90-minute weekly groups
- Parent-assisted
- In-person and telehealth options available



UCLA PEERS® CLINIC
SOCIAL SKILLS PROGRAMS



PEERS® for Adolescents Social Skills Group

NOW ENROLLING FAMILIES (IN-PERSON AND TELEHEALTH AVAILABLE)

- PEERS® for Adolescents is an evidence-based social skills intervention for adolescents in middle and high school who are interested in making and keeping friends and/or handling conflict and rejection.
- Adolescents and parents attend 16 weekly group sessions for 90 minutes per week.
- Participants are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during group socialization activities.
- Parents attend separate sessions simultaneously and are taught how to assist adolescents in making and keeping friends (parent participation is required).

Participants will learn about:

- Developing and maintaining friendships
- Conversational skills
- Entering and exiting conversations
- Appropriate use of humor
- Handling disagreements
- Electronic communication
- Being a good sport
- Organizing get-togethers
- Handling teasing and bullying
- Changing a reputation

LEARN MORE



For more information:

(310) 267-3377
peersclinic@ucla.edu
www.semel.ucla.edu/peers

TELEHEALTH AND IN-PERSON OPTIONS AVAILABLE



UCLA PEERS Clinic



@UCLAPEERS



@uclapeers

UCLA PEERS® Remote Educational Classes



PEERS® Online Social Skills Classes

Plus Optional Dating Lessons!

NOW ENROLLING FAMILIES WORLDWIDE

- PEERS® is an evidence-based social skills intervention for motivated teens and young adults who are interested in making and keeping friends and/or handling conflict and rejection.
- Teens and/or young adults attend 16 weekly classes over Zoom for 90-minutes each week, plus an optional 5 weeks of dating skills.
- Participants are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during online socialization activities.
- Social coaches attend separate classes simultaneously and are taught how to assist their teens in making and keeping friends.
- Groups for adolescents and groups for young adults are now enrolling!

Participants will learn about:

- | | |
|--|---------------------------------|
| • Conversational skills | • Conflict resolution |
| • Friendship skills | • Good sportsmanship |
| • Organizing get-togethers | • Changing a bad reputation |
| • Using social media to develop/maintain friendships | • Handling teasing and bullying |

To enroll, please contact:
(310) 267-3377
peersclinic@ucla.edu

For more information, visit
www.semel.ucla.edu/peers



PEERS® 5-Week Dating Classes

Available Online!

NOW ENROLLING ADOLESCENTS AND YOUNG ADULTS

- Participants are taught evidence-based dating skills through didactic lessons and role-play demonstrations.
- Skills are practiced during online socialization activities.
- Dating coaches attend separate classes simultaneously and are taught how to assist teens/young adults in developing and maintaining romantic relationships.
- Classes are taught over Zoom for 90-minutes each week.

Participants will learn about:

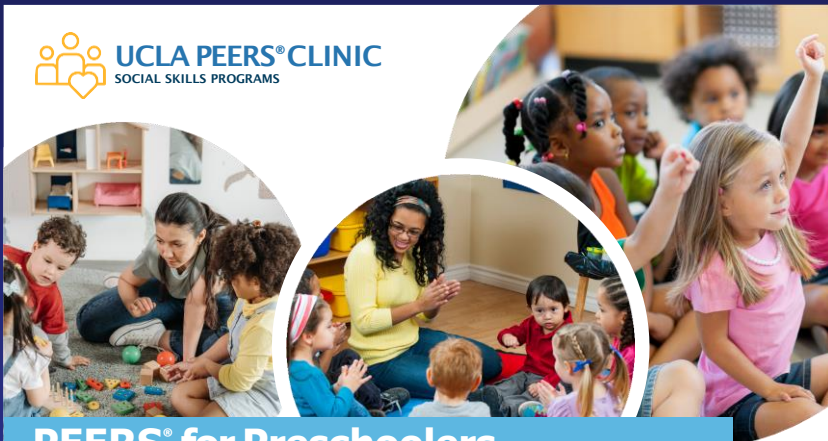
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|--------------------------------------|----------------------------|
| • Flirting | • Asking someone on a date |
| • Rules for online dating | • Handling rejection |
| • Letting someone know you like them | • Going on dates |
| • Assessing romantic interest | • Dating do's and don'ts |
| • Creating online dating profiles | • Handling dating pressure |

To enroll, please contact:
(310) 267-3377
peersclinic@ucla.edu

For more information, visit
www.semel.ucla.edu/peers



UCLA PEERS® for Preschoolers



PEERS® for Preschoolers Social Skills Group

NOW ENROLLING FAMILIES

- PEERS® for Preschoolers is an evidence-based social skills program to teach children between the ages of 4 to 6 years how to make and keep friends.
- Participants attend 16 weekly group sessions for 90 minutes per week.
- Participants are taught social skills through didactic lessons, puppet shows, and role-play demonstrations, and practice these skills during group socialization activities and weekly homework assignments.
- Parent participation is required.

Participants will learn about:

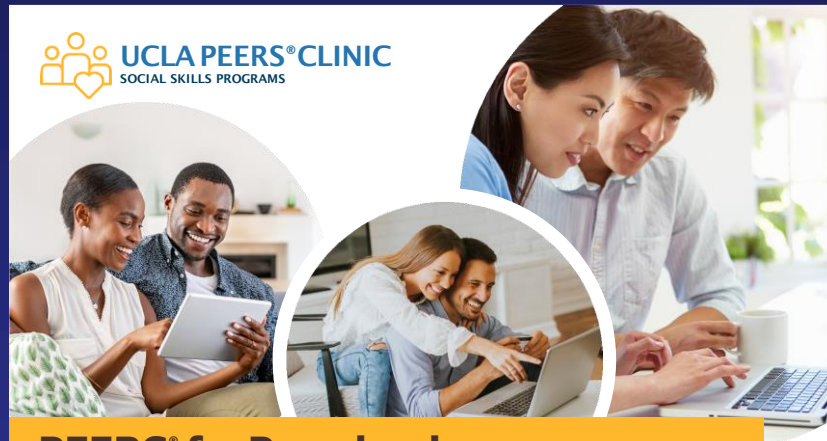
- Listen and follow directions
- Ask and use names
- Greet friends
- Share and give turns
- Ask friends to play
- Join ongoing games
- Keep cool during play
- Be a good sport
- Transition to new play activities
- Ask and give help
- Use good volume control
- Maintain good body boundaries

LEARN MORE



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peersclinic@ucla.edu
www.semel.ucla.edu/peers

IN-PERSON & PARENT-ONLY TELEHEALTH OPTIONS



PEERS® for Preschoolers Online Educational Classes for Parents

NOW ENROLLING FAMILIES WORLDWIDE

- PEERS® for Preschoolers is an evidence-based social skills program to teach children between 4 to 6 years of age how to make and keep friends.
- Parents attend 16 weekly group sessions for 90 minutes per week over Zoom.
- Parents will be taught how to coach their child on targeted social skills related to friendship development through didactic lessons, role-play videos and puppet shows for children.
- Parents are provided resources to practice these skills during weekly homework assignments, and are given feedback on their social coaching.

Parents will learn how to provide coaching on:

- Having successful play dates
- Listening and following directions
- Meeting and greeting friends
- Sharing and giving turns
- Asking friends to play
- Joining ongoing play
- Keeping cool during play
- Being a good sport
- Transitioning to new play activities
- Asking and giving help
- Using volume control
- Maintaining body boundaries

LEARN MORE



To enroll, please contact:
(310) 267-3377
peersclinic@ucla.edu

For more information, visit
www.semel.ucla.edu/peers





UCLA PEERS®CLINIC

1 ACCOMPANYING
PARENT ATTENDS
FOR FREE!

PEERS® SUMMER Boot Camps 2024

JOIN THIS SUMMER!

Open to teens, young adults, parents, and professionals!
Attendees are presented with targeted skills through didactic instruction, role-play demonstrations, and have the opportunity to practice newly-learned skills through behavioral rehearsal exercises. During these rehearsals, attendees are divided into small breakout groups to practice with direct coaching from our treatment team.

JUNE 22-23, 2024

CONVERSATION Boot Camp

JULY 13-14, 2024

Friendship BOOT CAMP

AUGUST 3-4, 2024

Dating BOOT CAMP

SEPTEMBER 7-8, 2024

BULLY-PROOFING Boot Camp

OCTOBER 5-6, 2024

Friendship BOOT CAMP

TO REGISTER:

✉ PEERSCLINIC@UCLA.EDU

📞 (310) 267-3377

🌐 SEMEL.UCLA.EDU/PEERS/COURSE/PEERS/BOOT-CAMPS

PRESENTER

DR. ELINA VEYTSMAN
DIRECTOR OF CLINICAL SERVICES,
UCLA PEERS® CLINIC

LOCATION

UCLA SEMEL INSTITUTE FOR
NEUROSCIENCE AND HUMAN
BEHAVIOR, LOS ANGELES, CA

TIME

SATURDAY - SUNDAY
9 AM - 3 PM PDT

PEERS® Boot Camps at UCLA

Two-day intensive
topical boot camps

Saturday
9 AM – 3 PM (PT)

Sunday
9 AM – 3 PM (PT)

RESOURCES



UCLA PEERS® Virtual Boot Camp

Open to all, including children, teens, young adults, parents, professionals, and educators.



PEERS® VIRTUAL BOOT CAMP

Includes **35 PRE-RECORDED EPISODES** covering **ALL PEERS® skills**



PRESENTED BY DR. ELIZABETH LAUGESON, DEVELOPER OF PEERS®,
FOUNDER AND DIRECTOR, UCLA PEERS® CLINIC

To register:
peersclinic@ucla.edu
(310) 267-3377

Topics Covered:

- Friendship skills
- Dating etiquette
- Conversational skills
- Conflict resolution
- Handling bullying

GO AT YOUR OWN PACE while receiving instruction on concrete rules and steps of social etiquette, video role-play demonstrations, and suggestions for practicing skills at the end of every episode.

 www.facebook.com/uclapeers  [@UCLAPEERS](https://twitter.com/UCLAPEERS)  [@UCLAPEERS](https://www.instagram.com/UCLAPEERS)

- 35 episodes
- Covers ALL the skills taught in PEERS®
- Go at your own pace
- Available on the UCLA PEERS YouTube Channel
- Access never expires

PEERS® Dating Bootcamp: Love on the Spectrum (Netflix)

NETFLIX



ABC

Australian Broadcasting Corporation

Television



**FREE
PEERS®
Role-Play
Video Library**



**UCLA
PEERS® CLINIC
FREE ROLE-PLAY VIDEOS**

www.semel.ucla.edu/peers/resources

**FOR MORE INFORMATION:
310-26-PEERS
PEERSCLINIC@UCLA.EDU**



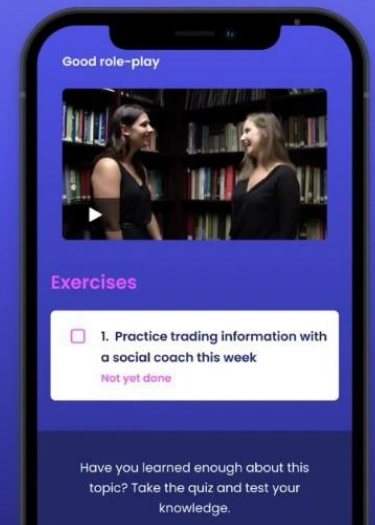
FREE PEERS® App



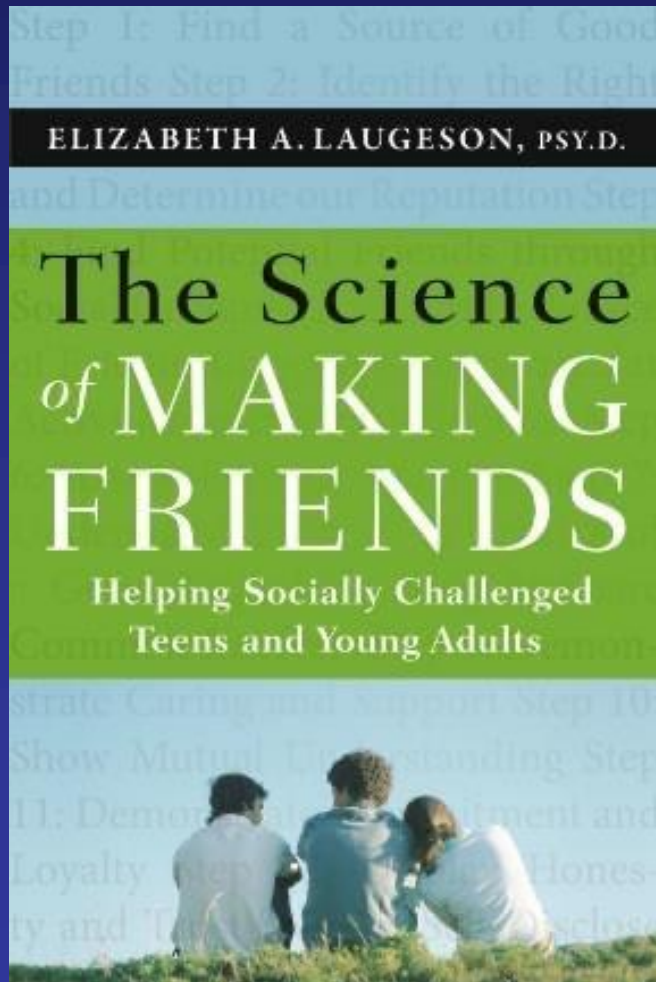
PEERS®
is an app to help you
make and keep friends



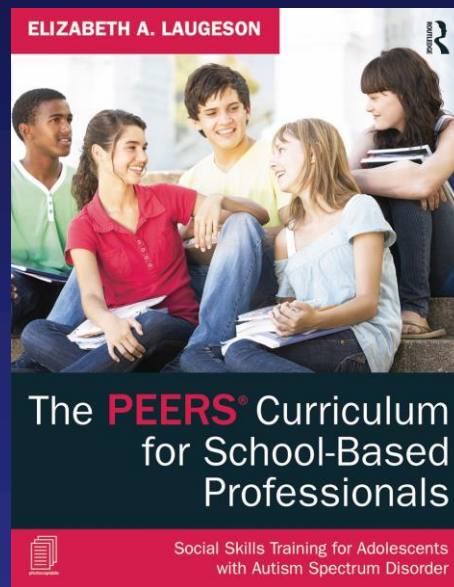
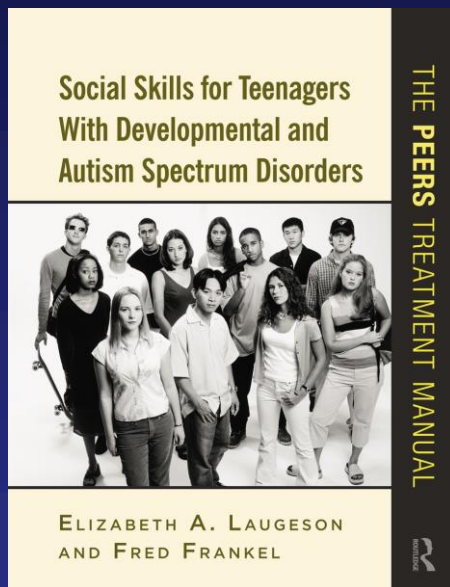
Assignments are given to
stimulate your social skills
and interpersonal
experiences



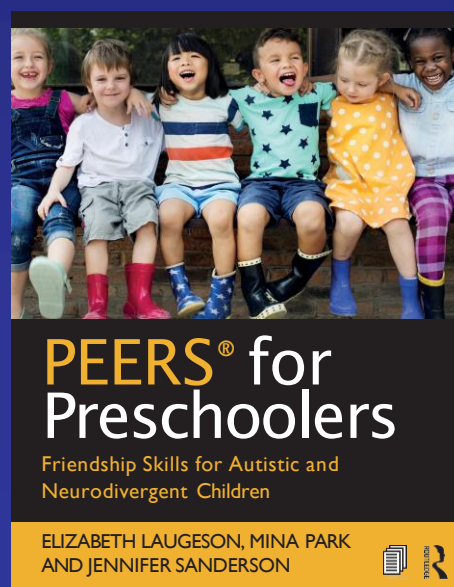
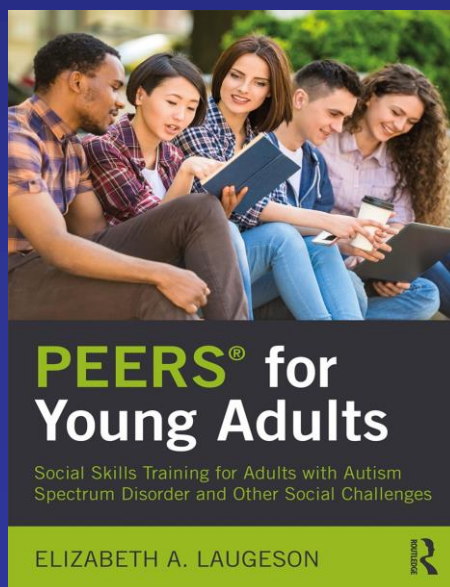
The Science of Making Friends



- Parent book
- Friendship skills
- Handling peer rejection and conflict
- Parent social coaching tips
- Chapter summaries for teens and young adults
- Chapter exercises / homework
- Companion role-play videos

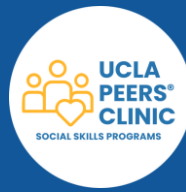


PEERS® Treatment Manuals



Preschoolers
Adolescents
Young Adults

PEERS® SOCIAL SKILLS TRAININGS



UCLA PEERS® CERTIFIED TELECONFERENCES FOR PROVIDERS



Live on Zoom



Developed at UCLA by Dr. Elizabeth Laugeson,
Director of the UCLA PEERS® Clinic

For mental health professionals, school-based professionals, medical professionals, speech and language pathologists, occupational, recreational, and behavioral therapists, researchers, and other professionals who work with youth and adults with social challenges.



USED IN 150+ COUNTRIES



24 HOURS OF TRAINING OVER 3 DAYS

\$500 PER TRAINING

FEB 21-23, 2024 & SEPT 18-20, 2024

PEERS® for young adults TRAINING

APR 24-26, 2024 & NOV 13-15, 2024

PEERS® for ADOLESCENTS TRAINING

JUN 26-28, 2024

PEERS® School-Based TRAINING

JAN 29-31, 2025

PEERS® FOR PRESCHOOLERS TRAINING



PEERS® Certified Professional Training

Three-day
Certified
Teleconferences

8:00 AM – 5:00 PM

TO REGISTER



(310) 267-3377



peersclinic@ucla.edu



www.semel.ucla.edu/peers/training

ATTENDEES WILL RECEIVE

- Either an eBook OR paperback copy of the PEERS® Manual
- Over 100 role-play videos
- PowerPoint slides for telehealth delivery

Acknowledgements



THANK YOU!



CONTACT INFORMATION

peersclinic@ucla.edu

+1-310-26-PEERS

SOCIAL MEDIA: @UCLAPEERS



UCLA PEERS[®] Clinic

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